

GUIDE TO GEAR

Apex Fencing Academy guide to fencing gear

So you've decided to try fencing and you want to know what equipment you'll need. Well this guide should help.

I've joined a camp or enrolled in Introduction to Fencing...

Good news, all required fencing gear is provided! Just come wearing a comfortable t-shirt, athletic pants, and shoes.



I'm in recreational, any requirements?

Congratulations on making the commitment to continue your fencing journey. All required fencing gear is still provided, but it's a good time to start acquiring your own.

Why get your own? You'll always have the right size, save time at practice, clean it as often as you like, and have it for competition.

I'm part of pre-comp or the AFA Team.

If you've made it this far, you're expected to have your own gear and equipment. Bring it to practice and use it.

Unfortunately, fencing gear is not available at big-box retailers like DICK's. Most fencing gear is ordered online.

Absolute Fencing - www.absolutefencinggear.com

Blue Gauntlet Fencing - www.blue-gauntlet.com

Both offer starter sets with various pieces of equipment. Depending on your budget, aspirations, and weapon you may want to choose a kit containing bag, body & mask cords, weapons, etc.

- Masks** must fit snug. Do not purchase a larger mask expecting to "grow into" it.
- Stretch **jackets, plastrons** (under arm protector) & **knickers** are more comfortable than regular cotton.
- Skip the back-zip; front-zip jackets & lames only.
- Women must wear a **chest protector**. Optional for men.
- Skip practice weapons**, it's better to go ahead and get an electric weapon.
- Blade size #5**; fencers less than 10 years old should get size #2.
- If it's an option, choose a **German point** over a French one.
- Choose a **Viscounti / pistol grip**. Try different sizes at the club, but most likely small or x-small.
- Inside nut for the grip.
- Long athletic socks. **AFA has club socks!**
- Low-profile court shoes with good heel protection are fine. Fencing specific shoes are available, but not necessary.

----- SIZING -----	
_____ Mask	_____ Jacket
_____ Glove	_____ Knickers
_____ Plastron / Underarm	_____ Lamé
_____ Chest Protector	_____ Blade / Grip